FAMILY ORIENTATION; YET ANOTHER JOURNEY

Based on the texts:

Don’t Tell Me What To Do, Just Send Money &
A Parent’s Journey to Letting Go

Dr. Anice Thomas, Executive Director of Student Health & Wellness
Dr. Bil Leipold, Associate Vice Chancellor for Enrollment Services & Experience
LEARNING OBJECTIVES

• To begin to shape a new role in your parenting journey
• To understand how to utilize the college/university’s services
• To create a collaborative relationship with the college/university
• To understand the college/university’s role in the college experience
• To begin your life at home without your student
• Have Fun!
SIMILAR TO THE PAST
ISSUES FROM PAST YEARS

• Adjusting to a new atmosphere
• Finding their niche
• Establishing a new support system
• Dealing with new roles and rules
• Increased class work and academic expectations
• Emotional ups and downs
THE NEW EXPERIENCE
LIKE NONE OTHER BEFORE

• Not hearing or seeing your student everyday
• Not being involved with other parents
• Not being in charge of everyday life for student
• Lack of imposed structure
• Not establishing rules and structure for everyday life
• Little to no influence on educational institution
• Not dealing with money on a daily basis
• Volume of academic work
OUR PLEDGE

• We, the students, parents, administrators, faculty and staff are in partnership

• The goal of our partnership is your student’s success. We want to work together to:
  – Foster independence within a supportive environment
  – Create a positive transition from high school to college
  – Produce a happy, healthy and successful graduate
FERPA
FOLLOWING THE LAW

- Family Education Right to Privacy Act *(Federal, 1974)*
- 18 and over
- Responsibility lies with the student
- Permission from student for parent access
- College/university responsibility
- Collaborative relationship between student and parent
Right to inspect and review his/her educational records within 45 days of the date Rutgers University receives a proper request for access to such records.

Right to request an amendment of educational records that the student believes are misleading or inaccurate.

Rutgers University shall obtain consent of the student prior to disclosing personally identifiable information contained in the student’s educational records, except to the extent FERPA authorizes.

Send complaints to the Office of Compliance at Rutgers University.
## Access to student directory information

- Name
- Email
- School
- Phone

## NOT accessible per FERPA

- Grades
- Judicial/Discipline
- Term Bill Payment
- Medical
- Counseling
- Financial Aid
- Number of Credits
- Student Payroll
- Gender
Who can authorize a student’s record?

- The STUDENT
- Individuals authorized through a release signed by the student
- College personnel on a need to know basis
- Court system through subpoena or court order
“Treatment records” are excluded from the definition of “education records” under FERPA

A signed FERPA release will *not* give families permission to obtain information from:
- Student Health Services
- Counseling Center
- Office for Violence Prevention & Victim Assistance

Students can sign a HIPAA release for families to obtain information from the Health & Wellness offices.
TOP CONCERNS

PARENTS
Safety ● Staying Informed ● Health & Wellbeing ● Drugs ● Drinking ● Sex

STUDENTS
Social Life ● Academic Work ● Family ● Money ● Safety
APPEARANCE
Clothing ● Hair ● Make-up ● Piercings ● Tattoos

FRIENDS & SOCIAL LIFE
Clubs ● Residence Hall ● Going Out ● Sleep ●
Academics ● Faculty ● Finding Niche

RELATIONSHIPS
Family ● Roommates ● Romantic ● Mentor/Faculty ●
Newark/NYC
VALUES
Religion ● Politics ● Character ● Lifestyle ● Beliefs

DIVERSITY

DECISION MAKING SKILLS
● Money ● Behavior ● Trouble ● Family Involvement
COMMUNICATION & HOW OFTEN

PHONE CALLS
Bills ● Arranged Time ● Reassurance ● Waiting ●
More from Home ● Less From School

MAIL & CARE PACKAGES
Empty Mailboxes ● Able to Share Food ●
Warm Feelings ● First Semester

EMAIL/SOCIAL MEDIA
Overload Pictures ● Instant Communication ● Check Often ●
Less Costly
FIRST TWO WEEKS

- Arrange a time and date for first phone call
- Encourage participation in new student orientation
- Overwhelmed with deadlines and work
- Adjusting to new social life
- Adjusting to Newark
- Concerns about money and how to use it
- What to do with free time
- Dealing with homesickness
- Choosing to go to class or not
COMMON ALARMS

• Emotional phone calls
• Not hearing from student
• Not living up to academic standards
• Off the chart changes
• Over-reaction from home
• Home changes
• Diversity issues
• Money concerns
• Not the correct fit
• Multidisciplinary team of campus professionals
• Mission is to support students in holistic model
• A collaborative model that seeks to partner with the student
• Offers care, support and resources for students
• careteam@rutgers.edu 973-353-5063
COLLEGE RESOURCES

- Student Accounting Office
- Financial Aid
- Registrar
- Rutgers University Police
- Career Center
- Counseling Center
- Writing Center
- Learning Resource Center
- Athletics/Recreation
- Academic Advising
- Student Health Services
- International Student Services
- LGBTQ and Intercultural Resource Center
- Residence Life
- Student Life
- Judicial Affairs
HOW TO USE RESOURCES

STUDENT’S RESPONSIBILITY
• Encourage use
• Office open daily

PHONE NUMBERS & DATES
• Registration
• Application deadlines
• Term bill
• Due dates
• Room selection

CALLING OFFICES
• Explain concern
• Understand limitations
• Send student advocate
• Staff are caring
• FERPA
COMING BACK HOME
NEW TWIST ON OLD RULES & ROLES

• Thanksgiving, Winter, Summer & Weekends
• Not a “KID” anymore
• New Expectations; Finding the Balance
• Lifestyle changes
  – Sleep
  – Food/Eating
  – Entertainment
  – Friends
  – Sharing
  – Autonomy
...is dedicated to **teaching** that meets the highest standards of excellence; to **conducting research** that breaks new ground; and to turning **knowledge into solutions** for local, national, and global communities...heart of our mission is **preparing students** to become productive members of society and **good citizens** of the world...[students] **accept the rights and responsibilities** of membership in the University’s academic and social community...students are expected to uphold our stated values by **maintaining a high standard of conduct** its standards of conduct may exceed federal, state, or local requirements...to foster the personal, educational, and social development of students...expected to take responsibility for their conduct. Disciplinary consequences therefore serve both educational and deterrence objectives...balance the individual needs of students with the expectations set by the University to provide a safe community. The University...is responsible for communicating behavioral expectations to students and the consequences for violating standards.
WELCOME TO myRUN

ANNOUNCEMENTS

- Filling Your 19-20 FAFSA
- Apply for the Roper Scholarship in Civic Responsibility - Deadline: December 7, 2018
- Updates on DACA for July 2018: Renew DACA Now!

IMPORTANT DATES

- Roper Scholarship in Civic Responsibility Deadline

myrun.newark.rutgers.edu
973-353-1766 ext. 1
myRUN WEBSITE & CALL CENTER

ACADEMIC ADVISEMENT

Find out how to contact your advisors at Rutgers University-Newark.

Your academic support network begins with your academic advisor. Every student at Rutgers University-Newark is assigned an academic advisor in their college upon enrollment. Your academic advisor is a professional who can help you from your very first day until graduation.

You may have additional advisors at the university, including advisors from your major academic department, your minor academic department, or a specialized program. If you participate in programs like the Educational Opportunity Fund, the Honors Living Learning Community, or the Honors College, you will also have access to advisors in those programs.

Anytime you need help, make an appointment with your advisor. The easiest way for undergraduate students to make an appointment with your academic advisor is to use RU-N4Success.

Make an Appointment with your Academic Advisor

UNDERGRADUATE ADVISING OFFICES

- Newark College of Arts and Sciences (NCAS-21) and University College-Newark (UCN-62)
- Rutgers Business School (RBS-29)
- School of Criminal Justice (SCJ-47)
- School of Public Affairs and Administration (SPAA-40)
- School of Nursing (SON-25)

All Nursing New Brunswick based should refer to:
http://nregistrar.rutgers.edu/undergrad/s18ugcal.htm

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973-353-1766 ext.1
QUESTIONS?

MYRUN CALL CENTER

myRUN Call Center
(973) 353-1766 ext. 1
myRUN@newark.rutgers.edu

Call Center operates Monday-Friday from 8:30am-4:30pm.