

SOAR 2018: FAMILY ORIENTATION



FAMILY ORIENTATION; YET ANOTHER JOURNEY

Based on the texts:

*Don't Tell Me What To Do, Just Send Money &
A Parent's Journey to Letting Go*

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LEARNING OBJECTIVES

- To begin to shape a new role in your parenting journey
- To understand how to utilize the college/university's services
- To create a collaborative relationship with the college/university
- To understand the college/university's role in the college experience
- To begin your life at home without your student
- Have Fun!

SIMILAR TO THE PAST

ISSUES FROM PAST YEARS

- Adjusting to a new atmosphere
- Finding their niche
- Establishing a new support system
- Dealing with new roles and rules
- Increased class work and academic expectations
- Emotional ups and downs

THE NEW EXPERIENCE

LIKE NONE OTHER BEFORE

- Not hearing or seeing your student everyday
- Not being involved with other parents
- Not being in charge of everyday life for student
- Lack of imposed structure
- Not establishing rules and structure for everyday life
- Little to no influence on educational institution
- Not dealing with money on a daily basis
- Volume of academic work

OUR PLEDGE

- We, the students, parents, administrators, faculty and staff are in partnership
- The goal of our partnership is your student's success.
We want to work together to:
 - Foster independence within a supportive environment
 - Create a positive transition from high school to college
 - Produce a happy, healthy and successful graduate

FERPA

FOLLOWING THE LAW

- Family Education Right to Privacy Act (Federal, 1974)
- 18 and over
- Responsibility lies with the student
- Permission from student for parent access
- College/university responsibility
- Collaborative relationship between student and parent

FERPA

FOLLOWING THE LAW

- Right to inspect and review his/her educational records within 45 days of the date Rutgers University receives a proper request for access to such records
- Right to request an amendment of educational records that the student believes are misleading or inaccurate
- Rutgers University shall obtain consent of the student prior to disclosing personally identifiable information contained in the student's educational records, except to the extent FERPA authorizes
- Send complaints to the Office of Compliance at Rutgers University

FERPA

FOLLOWING THE LAW

Access to student directory information

- Name
- Email
- School
- Phone

NOT accessible per FERPA

- Grades
- Judicial/Discipline
- Term Bill Payment
- Medical
- Counseling
- Financial Aid
- Number of Credits
- Student Payroll
- Gender

FERPA

FOLLOWING THE LAW

- **Who can authorize a student's record?**
 - The STUDENT
 - Individuals authorized through a release signed by the student
 - College personnel on a need to know basis
 - Court system through subpoena or court order

HIPAA vs. FERPA

FOLLOWING THE LAW

- “Treatment records” are excluded from the definition of “education records” under FERPA
- A signed FERPA release will not give families permission to obtain information from:
 - Student Health Services
 - Counseling Center
 - Office for Violence Prevention & Victim Assistance
- Students can sign a HIPAA release for families to obtain information from the Health & Wellness offices.

TOP CONCERNS

PARENTS

Safety ● Staying Informed ● Health & Wellbeing ●
Drugs ● Drinking ● Sex

STUDENTS

Social Life ● Academic Work ● Family ● Money ● Safety

CHANGES

RESEARCH & STUDENT DEVELOPMENT

APPEARANCE

Clothing ● Hair ● Make-up ● Piercings ● Tattoos

FRIENDS & SOCIAL LIFE

Clubs ● Residence Hall ● Going Out ● Sleep ●

Academics ● Faculty ● Finding Niche

RELATIONSHIPS

Family ● Roommates ● Romantic ● Mentor/Faculty ●

Newark/NYC

CHANGES

RESEARCH & STUDENT DEVELOPMENT

VALUES

Religion ● Politics ● Character ● Lifestyle ● Beliefs

DIVERSITY

DECISION MAKING SKILLS

● Money ● Behavior ● Trouble ● Family Involvement

COMMUNICATION & HOW OFTEN

PHONE CALLS

Bills ● Arranged Time ● Reassurance ● Waiting ●
More from Home ● Less From School

MAIL & CARE PACKAGES

Empty Mailboxes ● Able to Share Food ●
Warm Feelings ● First Semester

EMAIL/SOCIAL MEDIA

Overload Pictures ● Instant Communication ● Check Often ●
Less Costly

FIRST TWO WEEKS

- Arrange a time and date for first phone call
- Encourage participation in new student orientation
- Overwhelmed with deadlines and work
- Adjusting to new social life
- Adjusting to Newark
- Concerns about money and how to use it
- What to do with free time
- Dealing with homesickness
- Choosing to go to class or not

COMMON ALARMS

- Emotional phone calls
- Not hearing from student
- Not living up to academic standards
- Off the chart changes
- Over-reaction from home
- Home changes
- Diversity issues
- Money concerns
- Not the correct fit

Health & Wellness Resources



CARE TEAM

- Multidisciplinary team of campus professionals
- Mission is to support students in holistic model
- A collaborative model that seeks to partner with the student
- Offers care, support and resources for students
- careteam@rutgers.edu **973-353-5063**



COLLEGE RESOURCES

- Student Accounting Office
- Financial Aid
- Registrar
- Rutgers University Police
- Career Center
- Counseling Center
- Writing Center
- Learning Resource Center
- Athletics/Recreation
- Academic Advising
- Student Health Services
- International Student Services
- LGBTQ and Intercultural Resource Center
- Residence Life
- Student Life
- Judicial Affairs

HOW TO USE RESOURCES

STUDENT'S RESPONSIBILITY

- Encourage use
- Office open daily

PHONE NUMBERS & DATES

- Registration
- Application deadlines
- Term bill
- Due dates
- Room selection

CALLING OFFICES

- Explain concern
- Understand limitations
- Send student advocate
- Staff are caring
- FERPA

COMING BACK HOME

NEW TWIST ON OLD RULES & ROLES

- Thanksgiving, Winter, Summer & Weekends
- Not a “KID” anymore
- New Expectations; Finding the Balance
- Lifestyle changes
 - Sleep
 - Food/Eating
 - Entertainment
 - Friends
 - Sharing
 - Autonomy

STUDENT CONDUCT CODE

...is dedicated to teaching that meets the highest standards of excellence; to conducting research that breaks new ground; and to turning knowledge into solutions for local, national, and global communities...heart of our mission is preparing students to become productive members of society and good citizens of the world...[students] accept the rights and responsibilities of membership in the University's academic and social community...students are expected to uphold our stated values by maintaining a high standard of conduct its standards of conduct may exceed federal, state, or local requirements...to foster the personal, educational, and social development of students...expected to take responsibility for their conduct. Disciplinary consequences therefore serve both educational and deterrence objectives...balance the individual needs of students with the expectations set by the University to provide a safe community. The University...is responsible for communicating behavioral expectations to students and the consequences for violating standards.

myRUN WEBSITE & CALL CENTER



WELCOME TO myRUN

ANNOUNCEMENTS

- [Filing Your 19-20 FAFSA](#)
- [Apply for the Roper Scholarship in Civic Responsibility- Deadline: December 7, 2018](#)
- [Updates on DACA for July 2018: Renew DACA Now!](#)

IMPORTANT DATES



[Roper Scholarship in Civic Responsibility Deadline](#)

[View All](#)

myRUN WEBSITE & CALL CENTER

MY MONEY >

Make the most of your education by understanding our costs and your funding options.

QUICK LINKS

- [Tuition, Fees, & Costs >](#)
- [Funding Your Education >](#)
- [Paying Your Term Bill >](#)

MY GRADES & RECORDS >

Interested in what your student record includes? Find out how to access that information.

QUICK LINKS

- [View Grades >](#)
- [Get a Transcript >](#)
- [How to Calculate Your GPA >](#)

MY DEGREE & CLASSES >

Success starts with preparation. Understand which classes and credits you need to stay on track.

QUICK LINKS

- [Registration >](#)
- [Degree Planning >](#)

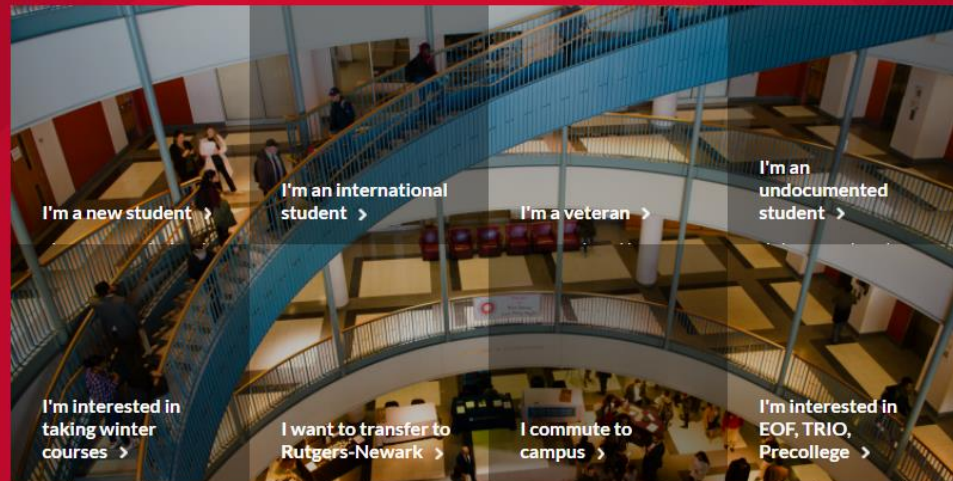
MY RUTGERS NEWARK >

Look no further for everything beyond the classroom, from student life to health services.

QUICK LINKS

- [Student Life and Leadership >](#)
- [Athletics and Recreation >](#)
- [Global Initiatives & Experiential Learning >](#)

RESOURCES FOR



myRUN WEBSITE & CALL CENTER

ACADEMIC ADVISEMENT

Find out how to contact your advisors at Rutgers University–Newark.

Your academic support network begins with your academic advisor. Every student at Rutgers University–Newark is assigned an academic advisor in their college upon enrollment. Your academic advisor is a professional who can help you from your very first day until graduation.

You may have additional advisors at the university, including advisors from your major academic department, your minor academic department, or a specialized program. If you participate in programs like the [Educational Opportunity Fund](#), the [Honors Living Learning Community](#), or the [Honors College](#), you will also have access to advisors in those programs.

Anytime you need help, make an appointment with your advisor. The easiest way for undergraduate students to make an appointment with your academic advisor is to use [RU-N4Success](#).

[Make an Appointment with your Academic Advisor](#)

UNDERGRADUATE ADVISING OFFICES

- Newark College of Arts and Sciences (NCAS-21) and University College–Newark (UCN-62)
- Rutgers Business School (RBS-29)
- School of Criminal Justice (SCJ-47)
- School of Public Affairs and Administration (SPAA-40)
- School of Nursing (SON-25)
 - All Nursing New Brunswick based should refer to:
<http://nbregistrar.rutgers.edu/undergrad/s18ugcal.htm>

QUESTIONS?

MYRUN CALL CENTER

[myRUN Call Center >](#)

(973) 353-1766 ext. 1

myRUN@newark.rutgers.edu

Call Center operates Monday-Friday from 8:30am-4:30pm.